

## **Sue's SPRING 2012 Schedule**

<b>Stop Smoking</b>	
Littleton	April 2
Reading	April 4
Concord/Carlisle	March 12
Roudenbush, Westford	March 13

<b>Stop Dieting</b>	
WINTHROP	Feb/ 15
lexington	March 1
Andover	March 5
Winchester	March 22
Concord	March 23
Littleton	April 9
Reading	April 12
Roudenbush, Westford	April 20

<b>Introduction to Meditation</b>	
Winchester	March 29
Reading	April 25
Lexington	April 26

<b>Unlocking Human Potential</b>	

*Please register by using the following phone numbers. Also, it's best to confirm location when registering. Private individual sessions available by appointment. Thank You.*

Andover 978-632-8274	Littleton 978-486-3120
Concord-Carlisle 978-318-1432	Wellesley 781-235-2370
Reading 781-942-9136	Winchester 781-721-7125 x614
Roudenbush Community Center 978-692-5511	Lexington 781-862-8043

**Please call 781-275-0516 to inquire about programs for office, home parties or private individual sessions.**